



# High School

# Minford Local Schools

# Breakfast Menu

# February 2012



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Egg/Cheese/Ham/Sunrise Stick <b>or</b> 2 String Cheese or Yogurt/Cereal <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fresh Fruit or Fruit Juice Variety of Low Fat Milk <b>February 1 &amp; 29</b>	1 Biscuits/Sausage Gravy <b>or</b> 2 String Cheese or Yogurt Cocoa Bar <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fresh Fruit or Fruit Juice Variety of Low Fat Milk <b>February 2 &amp; 16</b>	1 Creamy Oatmeal/Toast <b>or</b> 2 String Cheese or Yogurt/Super Donut <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fresh Fruit or Fruit Juice Variety of Low Fat Milk <b>February 3 &amp; 17</b>
1 Waffles/Syrup <b>or</b> 2 String Cheese or Yogurt Apple Walnut Bar <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fruit Juice Variety or Low Fat Milk <b>February 6, 13 &amp; 27</b>	1 Breakfast Pizza <b>or</b> 2 String Cheese or Yogurt/Whole Grain Muffin <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fruit Juice Variety of Low Fat Milk <b>February 7, 14 &amp; 21</b>	1 Apple Bosco Stick <b>or</b> 2 String Cheese or Yogurt/Whole Wheat Cin. Bun <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fresh Fruit or Fruit Juice Variety of Low Fat Milk <b>February 8 &amp; 22</b>	1 Biscuit/Sausage Gravy <b>or</b> 2 String Cheese or Yogurt/Cereal <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fresh Fruit or Fruit Juice Variety of Low Fat Milk <b>February 9 &amp; 23</b>	1 Egg/Cheese Omelet/Toast <b>or</b> 2 String Cheese or Yogurt/Super Donut <b>or</b> 3 Whole Grain Pop Tarts <b>and</b> Fresh Fruit or Fruit Juice Variety of Low Fat Milk <b>February 10 &amp; 24</b>

**Breakfast Prices:**

**Regular: \$1.30**

**Reduced: \$ .30**

**Adult Breakfast: \$1.85**

**Menu subject to change without notice!!**



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